



Dinner Salads

Vermont Chèvre, Roast Golden Beet, Delicata Squash & Baby Kale Salad w' Walnuts - Orange Honey Vinaigrette(gf)

Charred Broccoli, Sweet Potato & Black Bean Salad w' Pepitas - Toasted Pumpkin Seed Oil Lime Dressing(v)

Turmeric Spiced Cauliflower, Lentil & Chickpea Salad w' Pomegranate Seeds & Spinach-Lemon Tahini Dressing(v)

Soups

Tuscan White Bean Soup with Kale, Sunflower Seed & Almond Pesto

Vegan Creamy Spinach Pea Soup w' Nutmeg & Mint

Allstad Farm Vermont Beef Chili Soup

Thai Style Chicken Soup w' Lemongrass & Rice Noodles

Pricing

Soups

Vegetable Soups: \$16.00 per 32oz container

Meat/Poultry Soups \$18.00 per 32oz container

Dinner Salads

Vegetarian Dinner Salad \$20.00

Add Murrays Chicken, \$24.00 Add Vermont Steak or Wild Shrimp \$26.00

9% VT meals tax is included in the above pricing